



St. Joseph's College of Pharmacy

Approved by Pharmacy Council of India and affiliated to Kerala University of Health Sciences
Approved by Govt. of Kerala
Dharmagiri College Campus, Naipunnya Road, Cherthala-688524, Kerala, India
Tel : +91 478 2821546, +91 478 2821547, E-mail : principal@sjpharmacycollege.org



7.3.1 Portray the performance of the institution in one area distinctive to its priority and thrust within 1000 words

"SHE LEADS"- THE WOMEN UPLIFTMENT ENDEAVOURS

The Medical Sisters of St. Josephs spearheaded the establishment of Dharmagiri Trust Hospital, recognizing the pressing healthcare needs of the coastal community. However, it became evident that alongside healthcare, education was paramount for the community's development. Thus, in 2002, the D. Pharm College was established near Muttom Church to address this need.

In 2004, St. Joseph of Pharmacy was inaugurated on Naipunnya Campus Road, marking a significant expansion. The institution's foresight led to the launch of the postgraduate M Pharm (Pharmaceutical Chemistry) program in 2010, emphasizing the importance of higher education in institutional development. Subsequently, in 2012, PG courses in M Pharm (Pharmacology and Pharmaceutics) were introduced. In 2016, our institution achieved accreditation as a Ph.D. research center by KUHS, further solidifying our commitment to academic excellence.

Renowned as a pioneer in Kerala's pharmacy education, our institution is proudly led by MSJ, distinguishing itself as the only pharmacy college in Kerala with an exclusively female management team. The ethos of gender equality permeates our institution, with a majority of women employed as both teaching and non-teaching staff, underscoring our dedication to empowering women.

It brings us immense pride to reveal that over half of our staff were once students of our institution, a testament to the nurturing environment and opportunities for growth we provide. Furthermore, the proceeds from student enrollment fees are reinvested into various societal welfare initiatives, reflecting our commitment to holistic community development. With MSJ institutes spanning across Kerala and various parts of India, we remain steadfast in our mission to provide quality education, foster gender inclusivity, and contribute meaningfully to societal advancement.

Dr. Sr. Daisy P. A., M.Pharm, Ph.D.
Principal

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"SAKHI" - THE WOMEN CELL

The Women's Cell initiatives at SJCP encompass a wide range of endeavors aimed at promoting awareness and empowerment. These initiatives focus on advocating for women's rights, fostering gender equality, highlighting the pivotal roles women play in society, showcasing professional opportunities available to women both within the institution and the broader community, and conducting outreach activities to uplift women.

Specifically, our Women's Cell conducts various awareness campaigns and workshops to educate students and staff about gender issues, women's rights, and the importance of equality. Additionally, we organize seminars and discussions to explore the diverse roles women can undertake in society and the professional avenues open to them.

Furthermore, our initiatives extend beyond the confines of our institution through community outreach programs. These efforts aim to engage with women from diverse backgrounds, offering support, guidance, and resources to help them thrive in various spheres of life. Overall, the Women's Cell at SJCP is committed to fostering a supportive and inclusive environment where women are empowered to achieve their full potential and contribute meaningfully to society.

OBJECTIVES

1. Promoting women's self-growth and confidence , physical and mental support in the institutions.
2. Strengthening collaborations with civil society organizations dedicated to supporting women's empowerment.
3. Raising public awareness and education on key issues such as women's rights, gender equality, and the vital role of women in peace building efforts.

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EVIDENCE OF SUCCESS

- 1.Enhanced student skills in team coordination, leadership, and presentation, resulting in a more effective and cohesive learning environment.
- 2.Introducing modern menstrual hygiene products during health awareness sessions for residents, particularly women and teenage girls, offered valuable and novel experiences.
- 3.Successful Women's Day celebrations and platforms for women to share their stories and perspectives serve as tangible indicators of the program's success, providing clear insights into its impact and effectiveness.

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WOMEN'S UPLIFTMENT ACTIVITIES

Sl no	Name of activity	Date of activity	Location of activity	No.of participants
1	Women Economic Empowerment Class	22/03/2021	St Joseph's College of Pharmacy, Cherthala	130
2	Online session-Financial stability for girls	16/06/2022	St Joseph's College of Pharmacy, Cherthala	60
3	Menstrual Cup Awareness Programme-Students	10/08/2022	St Joseph's College of Pharmacy, Cherthala	60
4	Pink Ribbon day- Breast cancer Day awareness	27/10/2022	St Joseph's College of Pharmacy, Cherthala	80
5	Womens healthy weight day	19/01/2023	St Joseph's College of Pharmacy, Cherthala	130
6	Menstrual Cup Awareness Programme-Non-teaching Staff	16/02/2023	St Joseph's College of Pharmacy, Cherthala	30
7	Recording Blood pressure on World Hypertension Day	17/5/2023	St Joseph's College of Pharmacy, Cherthala	39
8	Class on Menstrual Hygiene Management for girls	18/03/2023	St Joseph's College of Pharmacy, Cherthala	30
9	Fitness Promotion-Workouts	18/05/2023	St Joseph's College of Pharmacy, Cherthala	20
10	Yoga Day	21/6/2023	St Joseph's College of Pharmacy, Cherthala	45

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PROMOTING FITNESS PROGRAMMES FOR WOMENS IN SJCP



Warm up session & Workout session for girls in SJCP, 18/05/2023



Students –Yoga session

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Daily Fitness Workouts by faculties

Dr. St. Daisy P. A.

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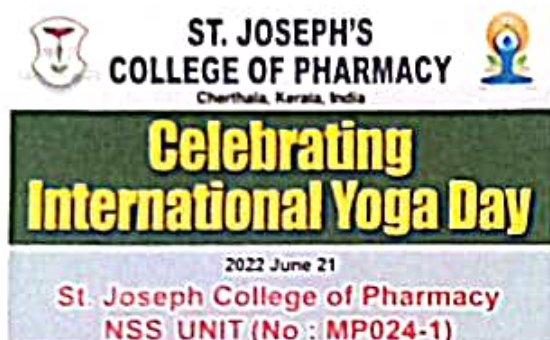


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Yoga Day Celebration 2022



Yoga Day 2022



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Pink Ribbon Day- Breast Cancer Awareness Month

27 October 2022



St. JOSEPH'S
COLLEGE OF PHARMACY



Pink Ribbon Day



October 27, 2022

Time: 10 am

Brochure

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A talk session -Breast cancer awareness



A snap on Breast cancer awareness

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Principal
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Dharmagiri College Campus
Cherthala-688524



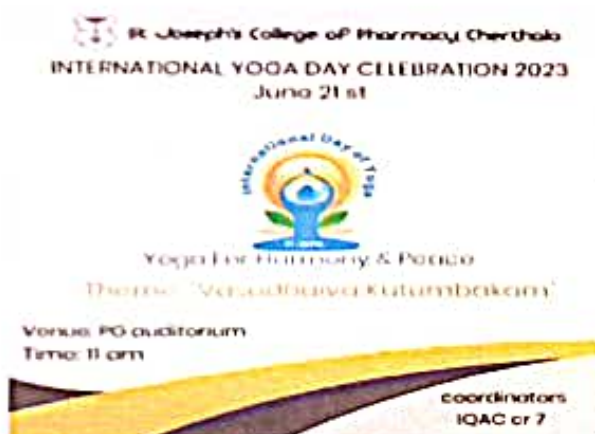


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International Yoga day 2023



Brochure



Principal's message



Yoga day ,2023



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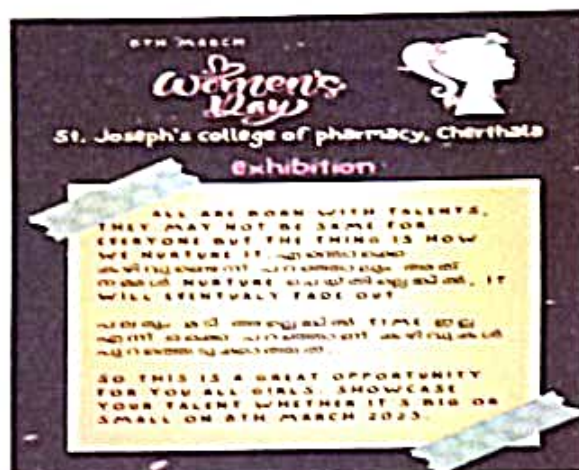


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WOMEN'S DAY CELEBRATIONS AT SJCP



Women's Day Celebration at SJCP



Art Work by Students and Faculties

Dr. S. J. P. A.

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Craft Work



Culinary Arts by Students

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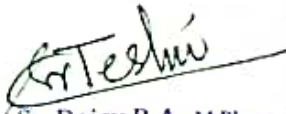
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Students Dance Performance



Thiruvathira of Faculties -Onam Celebration


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Counseling Sessions for Girls



Women Economic Empowerment Class



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ACTIVITIES BY HEALTH CLUB & WOMEN CELL

Menstrual Hygiene & Menstrual Cup Awareness Programme for students



Menstrual Cup Awareness Programme for ladies staff



Online Training for Maintaining Financial Stability



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BMI on Women's Healthy Weight Day



Women's Healthy Weight Day

Dr. Daisy P. A.

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Measuring BP on World Hypertension Day



Faculties and non-teaching staffs measuring BP

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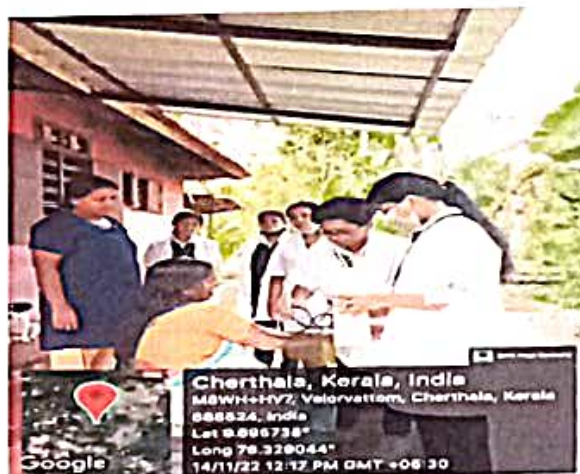


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OUT REACH ACTIVITIES BY HEALTH CLUB AND WOMEN CELL



Measuring BP of Women Population of nearby College Premises



Appreciating Cleaning Staff for their Work and Support



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OURS INSTITUTIONS



Kusumagiri Mental Health Centre, Kakkanad



Nirmala Training Centre for Exceptional Children, Kakkanad



Kusumagiri Training Institute for Special Education, Kakkanad



Navajyothi Centre for Child Behavioural Sciences, Kakkanad



Occupational Therapy, Kakkanad



Rehabilitation Centre, Kakkanad



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OUR HOSPITALS



St. Joseph's Hospital, Poovathussery



St. Joseph's Hospital, Pathanapuram



Jeevadhara Homeo Hospital, Thannipuzha



Palliative Care Centre, Nagaland

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OUR EDUCATION INSTITUTIONS



Sanjoe Special School, Pathanapuram



St. Joseph's College of Pharmacy, Cherthala



St. Joseph's College of Pharmacy (D.Pharm), Cherthala

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